

Free pattern

Fixation Ankle Socks

Yarn: Cascade Fixation, 2 balls
Needles: Size 5 dpn's or circulars
Gauge: 8 sts = 1 inch

Cast on 52 stitches. Divide stitches on needles. Being careful not to twist stitches, join to work in the round.

Work in stockinette stitch for 3½ inches.

Work short row heel over 26 stitches as follows: (based on [Wendy Johnson's](#)* short row heel)

Row 1: K25. Bring yarn forward like you are going to purl. Slip the unworked stitch to the right needle. Turn.

Row 2: Slip first stitch to right needle. Purl the next stitch. The first stitch is now wrapped. Purl to the last stitch. Bring yarn back like you are going to knit. Slip last stitch and turn.

Row 3: Slip first stitch. Knit across row to the stitch right before the one you wrapped. Wrap this stitch and turn.

Row 4: Slip first stitch. Purl across row to the stitch right before the wrapped stitch. Wrap this stitch and turn.

Repeat rows 3 and 4 until 8 stitches on either end of the row are wrapped and there are 10 unwrapped stitches in the middle. You should be ready to do a right side (knit) row.

Work second half of heel as follows:

Row 1: Knit the 10 unwrapped stitches. This should bring you to the first wrapped stitch. To work this stitch, pick up the wrap and knit the stitch and wrap together. Wrap the next stitch so that it is wrapped twice and turn.

Row 2: Slip the first stitch and purl across to the first wrapped stitch. Pick up the wrap and purl it together with the stitch. Wrap the next stitch so that it is wrapped twice and turn.

Row 3: Slip the first stitch and knit across to the double wrapped stitch. Pick up both wraps and knit them together with the stitch. Wrap the next stitch so that it is wrapped twice and turn.



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Row 4: Slip the first stitch and purl across to the double wrapped stitch. Pick up both wraps and purl them together with the stitch. Wrap the next stitch so that it is wrapped twice and turn.

Continue working rows 3 and 4 until all wrapped stitches have been worked. You should still have 26 stitches.

You are now ready to work the foot of the sock. You may want to pick up an extra stitch between the heel stitches and the instep stitches to prevent any holes. Just remember to decrease these stitches back down on the next round so you have the correct number of stitches.

Work the foot in stockinette until you are approximately 2 inches shorter than your desired finished length. On the same needle(s) that you worked the heel stitches you will now work a short row toe in exactly the same fashion as you did for the heel. (Follow the heel instructions as written.) When you have completed the toe, Kitchener stitch the toe stitches to the instep stitches. Weave in ends. Enjoy!

* <http://wendyknits.net/wendy/knitting.htm>

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